



# Dr. PATEL'S DENTAL CARE

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ROOT CANAL TREATMENT



Timing : Morning : 10.00 a.m. to 2.00 p.m. Evening : 6.00p.m. to 10.00 p.m. Sunday : 10.00 to 2.00 p.m.

## Patient Instructions after Root Canal Therapy

If you have received this sheet, it is because you had root canal therapy performed today.

Here are some instructions to make sure you take care of your tooth properly.

- 1) Sometimes root canals are done in one appointment. Other times they are done over two visits. Your tooth has a temporary filling in it. Be gentle with this tooth in this interval as it is quite brittle.
- 2) You may eat when the numbness wears off (1.5-2 hrs), but be very gentle with the tooth that was worked on.
- 3) If your tooth was in pain prior to starting the treatment, it may take a few days for the tooth to heal and be relieved. Your tooth may be quite sore for a few days after the appointment. This will be relieved with time, it may take as much as a week-ten days.
- 4) If an antibiotic is prescribed for you, please take the antibiotic as per the given directions. If you stop taking it before the prescription states, your tooth may become infected.
- 5) If painkillers are prescribed for you, please consume them as per given directions.
- 6) If your root canal was done on a back tooth (a premolar/bicuspid tooth, or molar) and it did not already have a dental crown/cap on it, it is essential to the success of your tooth to have a dental crown/cap done as soon as possible after the root canal completion.
- 7) Teeth that have had root canal become very brittle. So they are at a high risk to fracture and break. Sometimes this can lead to the tooth needing to be extracted.
- 8) It is important to gently brush and floss in order for the tissue around the tooth to stay healthy.

आप को यह पर्चा दिया गया है क्योंकि आप के दाँत में रुट कैनल ट्रीटमेंट (नस का इलाज) RCT हुआ है ।

कृपया इन निर्देशों का पालन करें.

- १) RCT एक या दो सीटिंग में किया जाता है । उस दाँत में अल्पकालिन सिमेंट (Temporary) लगाया गया है ।
- २) ऐनिस्थिसिया का प्रभाव खत्म होने के बाद नरम खाना खाए ।
- ३) यदि आप दाँत में दर्द कि अवस्था में आए थे तो इलाज के दौरान कुछ दिनों तक दर्द स्वाभाविक है ।  
डॉक्टर द्वारा बताई गई दवाइया ले
- ४) RCT किये गए दाँत पर crown (cap) लगवाना अति आवश्यक है । ऐसा न करने पर उस दाँत का टुटना या उस पर फिर से सडन होने कि संभावना है ।
- ५) यदि दाँत टुटा तो उसे निकलना पडता है । इस वजह से cap लगवाना जरुरी है ।

आपण्यास हे पत्र दिलेले आहे करण की आपल्या दातात रुट कैनल ट्रीटमेंट (नसाची क्रिया) RCT केली आहे.

कृपया हे नियम अवश्य पालन करा

- १) RCT एक अथवा दोन सीटिंग मध्ये केले जाते. तरी या क्रिये मध्ये दातात सिमेंट (temporary) लावले असते.
- २) ऐनिस्थिसिया चे प्रभाव बंद झाल्याने नरम पदार्थाचे सेवन करावे.
- ३) दातात वेदना होत असताना किंवा दुखत असताना ट्रीटमेंट केली असेल तर काही दिवस दुखणे स्वाभाविक आहे.  
डॉक्टरांच्या सल्ल्या प्रमाणे औषाधे घेणे
- ४) RCT केल्यानंतर (Crown) लावणे आवश्यक आहे. ही क्रिया न केल्यास दात दुटण्याचे व परत किड लागण्याची भीती असते. दात दुटल्यास काढावा लागतो.



Fixed Orthodontics



Child Dental Care



Fixed Dentures



Root Canal T/t



Oral Surgery



Gums T/t